



Facilitator Worksheet

Interview Date:	Date of Birth:
Name:	
Telephone:	
Healthcare Agent Present:	Yes or No

Thank you for meeting with a Decide to be Heard Facilitator.

This worksheet is a tool to help you and your Facilitator. You can use your worksheet to talk with your doctor and family members about today’s conversation, collect questions, and decide what you’d like to do next. Your worksheet can work with your Healthcare Power of Attorney as an informational tool for your family and doctors.

Experiences: You shared the following about experiences with family or friends that became seriously ill or injured.

Living Well: To you, ‘living well’ or having a good day would involve the following.

Choosing a Healthcare Agent: During today’s conversation, you are **thinking** about asking _____ to be your Healthcare Agent.

(name of potential Agent)

To talk with him/her more about your goals, values, and beliefs, your Facilitator has a few ways to help.

- Information Card for Healthcare Agent – Your Facilitator can give you an information card to take home and use to talk with your Healthcare Agent about advance care planning and the qualities of a healthcare agent.
- Invitation to Follow-Up Appointment with Facilitator – Your Facilitator can set-up a follow-up appointment that will include you and your Healthcare Agent to help him/her understand the qualities of a healthcare agent and take part in a conversation with you and your Facilitator.

Exploring Cultural, Religious, or Personal Beliefs: You shared the following cultural, religious, or personal beliefs (if any) with your Facilitator that could help you decide the care you would want (or not).

- It may be helpful to speak with your spiritual leader about:

- You also shared that the following cultural, religious, or spiritual practices are important to you or would give you/your family comfort.

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Goals of Care: When faced with a situation in which you were seriously injured and unable to know who you were or who you were with, you would want:

- You'd also realized that you would like to discuss the following questions with your doctor.

Next Steps: To help you get the most out of your Decide to be Heard Facilitated Conversation, here are action items that your Facilitator can help tackle. (*Facilitator Note: Check the boxes that will best help with completing the Decide to be Heard experience.*)

- You expressed the desire to identify your healthcare agent in the Healthcare Power of Attorney.
 - Your Facilitator can:
 - Help you complete the Healthcare Power of Attorney today,
 - Give you the Healthcare Power of Attorney to complete on your own, or
 - Set up a follow-up visit to complete it with your healthcare agent.
- You would like to bring your healthcare agent to a meeting with your Facilitator to review your goals, values, and beliefs and complete your Healthcare Power of Attorney and summary worksheet.
 - Your Facilitator can:
 - Help you set up your follow-up visit to work with you and your healthcare agent's schedule.
 - Follow-Up Appointment: _____
- You would like your healthcare agent to have a copy of your **completed** Healthcare Power of Attorney and summary worksheet.
 - If you've completed your Healthcare Power of Attorney and summary worksheet, your Facilitator can make copies for you and your healthcare agent to keep.
 - Make a plan with your healthcare agent so you both know where these two important documents are stored and that they are easy to find.
- You would like your doctor to have a copy of your **completed** Healthcare Power of Attorney and summary worksheet.
 - Bring your Healthcare Power of Attorney and summary worksheet with you to your next doctor's appointment and talk with them about it.
 - Ask your doctor or their team member to help you save both documents as part your electronic medical record.
 - Keep a copy of both documents with you to share with **all** of your doctors.
- Review your **completed** Healthcare Power of Attorney and Summary Worksheet if you experience any of the following: **death** of family or friend; **divorce**; receive a new **diagnosis**; experience a significant **decline** in health; or reach a new **decade**.

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